

NIBBLES AND SHARING-

Garlic and rosemary baked Camembert (v) (gfa) 12.95 Sundried tomato bread, red onion relish

Hogs board 16.95 Nduja scotch egg, glazed chorizo, bourbon belly bites, fennel and sage pork scratchings, apple sauce, warm flatbread

Garden mezze (v) 14.95 Cherry and goat's cheese crostini's, red pepper and chive houmous, polenta fries, olives, caponata, garlic, parmesan and rocket flatbread Baked breads (v) 3.50 Herb butter, cold pressed oil and balsamic

Marinated olives and feta (v) (gf) 4.95

Garlic, herb and mozzarella flatbread (v) 3.50

Fennel and sage pork scratchings (*gf*) 2.95 *Baked apple sauce*

7oz Fillet steak (gf) 26.95

STARTERS

Calabrian prawns 9.95 Tomato sauce, potato and rosemary bread

Red pepper and chive houmous (v) 5.95 Warm flatbread, olive oil

Spicy nduja Scotch egg 5.95 Citrus dip

> Mini superfood salad (v) 5.95

Halloumi stuffed falafels (v) 4.95 Creamy tahini dip Buttermilk calamari 6.95 Chilli salt, lemon aioli

Smoked chicken and gammon terrine (gfa) 6.50 Tarragon aioli, sourdough

> **Salmon bhaji** 6.95 *Cucumber and mint salad*

> > Katsu chicken wings 5.95 Charred lime

Slow roasted porchetta 14.95 Fennel and apple fritter, rainbow chard, celeriac dauphinoise, cider jus

Chinese spiced shredded duck salad (gf) 15.95 Pomegranate, spring onion, coriander, watercress, mango, gem lettuce, lime and sesame dressing

Trio of Cumberland sausages 11.95 *Mashed potato, broccoli and sweet red onion jus*

Trio of Glamorgan sausages (v) 11.95 Mashed potato, broccoli and sweet red onion jus

Summer Caesar salad (v) (gfa) 10.95 Grilled courgette, beetroot, baby gem lettuce, salt and pepper croutons, soft boiled egg, vegetarian style parmesan, and Caesar dressing

Add:

Chargrilled chicken and bacon 4.95

Quinoa coated halloumi 4.95

Sautéed nduja prawns 4.95

Celeriac, spinach and cashew Thai curry (vgn) 11.95 Wild rice

Cornfed chicken ramen 12.95 Noodles, Asian broth, boiled egg and vegetables

Seabass fillets (v) 13.95 Pine nuts, capers, tarator, olives, roasted artichoke, spicy butter sauce 10oz Prime Ribeye steak (gf) 24.95 EXTRAS Sautéed nduja prawns (gf) 6.95 Smoked Mac 'n' Cheese (v) 3.50 Salt and vinegar onion rings 3.95 Thyme roasted Garlic and herb butter 1.95 Chestnut mushrooms (v) 2.95 SAUCES 2.95 Peppercorn, Blue cheese or Creamy mushroom

8oz Sirloin steak (gf) 19.95

BURGERS

MAINS

GRILLS

NORTHAMPTONSHIRE BRED BEEF

All served with confit vine tomatoes, dressed green leaf, gastro chips

and brushed with bone marrow butter

All served in a toasted bun with gem lettuce beefsteak tomato, gherkin, skin on fries

Gluten free rolls available upon request

Bone marrow beef burger 12.95 Monterey jack cheese, onion relish

> Buttermilk chicken 12.95 Cured bacon, Caesar dressing

No meat burger (*v*) 11.95 Vegan cheese, pickled red cabbage

DOUBLE UP YOUR BURGER 4.00 **TOP WITH SMOKED MAC 'n' CHEESE** 3.00

SIDES

Asparagus, radish, dill and buttermilk salad 3.95

Panzanella salad 4.95 Bread & tomato salad

Smoked Mac 'n' Cheese (v) 3.95

Red pepper and goat's ravioli (v) 11.95

Tomato sauce, arugula and vegetarian style parmesan

19 Gales full crust pie of the day 12.95 Mashed potato, broccoli and pea medley, sweet onion jus

10oz Gammon steak (gf) 12.95 Hen egg, gastro chips, confit tomatoes, dressed green leaf

Provençal vegetable gnocchi (v) 10.95 Beetroot pesto, crumbled feta cheese, garlic and herb flatbread

Rigatoni arrabiata (v) 10.95 Baby spinach, vegetarian style parmesan

> Add: Chargrilled chicken and bacon 4.95

Quinoa coated halloumi 4.95

Sautéed nduja prawns 4.95

Beer battered fish 'n' chips 13.95 Crushed minted peas, tartare sauce

Superfood salad (vgn) 10.95 Pomegranate, baby spinach, avocado, cherry tomatoes, peas, quinoa, bulger wheat, red cabbage, kale, walnuts, lemon and thyme vinaigrette

Quinoa coated halloumi chips (v) (gf) 4.95 Courgette, tomato and pepper gratin 3.95

Gastro chips, rosemary salt (v) (gf) 3.50 Truffle and parmesan fries (v) (gf) 4.95 Salt and vinegar onion rings (v) 3.95 Skin on fries, chilli salt 2.95

v

-SANDWICHES-

All served with garden salad on a choice of white or granary bloomer

Available from noon to 6pm Monday to Saturday Gluten free bread available upon request

Buttermilk chicken club 7.95 Cured bacon, beef tomato, baby gem lettuce, Caesar dressing

Spicy nduja sausage, roasted peppers grilled halloumi 7.95

Fish finger, lettuce, gherkin, and tartare sauce 7.50

Croque Monsieur 6.95 Gammon ham, smoked Cheddar sauce

Add: Fried hen egg 1.00 Glamorgan sausages (v) 6.95 Roasted tomatoes and sweet onion relish

Roasted red pepper, goat's cheese, beetroot pesto and rocket (v) 7.50

Add: Gastro chips 3.50 or Skin on fries 2.95

-DESSERT MENU-

Lemon curd tart 5.95 Raspberry ice cream

Chocolate brownie (gf) 5.95 Clotted vanilla ice cream

> Apple tartelette 6.95 Crème anglaise

Coconut, mango and turmeric fool (vgn) 5.95

Café latte cheesecake 6.50 *Espresso syrup*

Cherry pie crumble 6.50 Pouring cream English cheese board (gf) With celery, grapes, chutney and oatcakes Davidstow Extra Mature Cheddar Joseph Heler Double Gloucester and Long Clawson Blue Stilton Plate 7.95 Sharing 12.95 Churros and hot drink 5.95

THE RED LION

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(v) Suitable for vegetarians (gf) Gluten Free (gfa) Gluten Free Available (vgn) Vegan
If you have a food allergy - please speak to your server before you order your food and drink,
who will tell you about the allergenic ingredients in our dishes.
 All weights are approximate before cooking. Some items on this menu may contain nuts or nut derivatives.
 Some fish products may contain small bones. All items are subject to availability. All prices include VAT. (RL0419)
Gratuities are discretionary

We hope you enjoy your visit. Please feel free to discuss anything with the manager or write to our Customer Services Manager at: McManus Managed Pub Group, Kingsthorpe Road Northampton NN2 6HT Tel: 01604 713 601

www.mcmanuspub.co.uk

CHILDREN'S MENU-

MAINS Buttermilk chicken sandwich 4.95 Baby gem lettuce, carrot chips

> **Bacon Caesar salad** 6.95 Gem lettuce, tomatoes, soft boiled egg, croutons and Caesar dressing

Battered fish goujons, peas and fries 6.95

Bangers, mashed potato, peas and gravy 5.95

Burger, cheese, fries and peas 5.95

Add: Gastro chips, rosemary salt 3.50

Mini roast dinner 6.95 Sunday only

DESSERTS Chocolate brownie with ice cream 3.50 Churros and dipping chocolate 3.50 Ice cream bowl - Choose two scoops 2.50